

Teething Timeline: How Long Does the Teething Process Typically Last?

The arrival of a baby's first teeth is a significant milestone in their early development. However, the teething process can often be accompanied by discomfort and fussiness, leaving parents wondering [how long does the teething last](#). While every baby is unique, there is a general teething timeline that can provide some insight into what to expect.

1. **Start of Teething:** Teething typically begins between 4 to 7 months of age, although it can vary. Some babies may start teething as early as 3 months, while others may not begin until after their first birthday.
2. **Eruption of First Teeth:** The lower central incisors, often called the bottom front teeth, are usually the first to emerge. This usually occurs around 6 to 10 months of age. The upper central incisors follow shortly after.
3. **Incisor Eruption:** The lateral incisors (the teeth next to the central incisors) tend to come in around 9 to 13 months. By their first birthday, many babies have four to eight teeth.
4. **First-Year Molars:** The first molars typically begin to emerge between 13 to 19 months. These larger teeth are located in the back of the mouth.
5. **Canine Teeth:** The sharp, pointed canines usually make their appearance between 16 to 22 months.
6. **Second-Year Molars:** The second set of molars usually erupt between 23 to 31 months. These are the last primary teeth to come in.
7. **Full Set of Primary Teeth:** By the age of 3, most children will have their full set of 20 primary teeth.

It's important to note that while the teething process follows a general timeline, individual variations are common. Some babies may experience teething symptoms earlier or later than the typical age range. Additionally, the intensity of teething discomfort can vary widely among infants. Some babies may breeze through teething with minimal fuss, while others may experience more pronounced discomfort.

To help alleviate teething discomfort, parents can offer chilled teething rings, clean wet washcloths, or gentle gum massages. Over-the-counter pain relievers specifically designed for babies, under the guidance of a healthcare provider, can also provide relief.

Remember that teething is a temporary phase in your baby's development. As their teeth continue to emerge, the discomfort will gradually subside. If you have concerns about your baby's teething process or if you notice any unusual symptoms, don't hesitate to consult your pediatrician. With patience, care, and a little knowledge about the teething timeline, you can support your baby through this exciting and sometimes challenging phase.